**Silky Eggs**

1. For each egg, drop 100 ml water into the Tatung multicooker.
2. In a bowl, combine eggs with soy, mirin (rice wine), sesame oil and either chopped veggies or sea food.
3. Whisk and cover bowl with a plate or other lid.
4. Heat up and serve.
5. Optional: After cooking, strain the mixture before serving.