**Beef - Stir Fry (simple and quick)**

**Roam with Roni**

[https://roamwithroni.hebrewlion.com/](https://roamwithroni.hebrewlion.com/recipes)

**Ingredients**

* 2 cloves **garlic**, minced
* 2 green **onions**, chopped
* 4 TBSP **neutral oil** (e.g., grapeseed)
* 2 TBSP + 2 TBSP **soy sauce**
* 4 TBSP **sugar**
* 1 lb. **round steak**, thinly sliced into strips
* 2 TBSP **sesame seeds**

**Instructions:**

1. Mix together the **garlic**, **onions**, **neutral oil**, **soy sauce**, and **sugar**.
2. Add in the **steak**, ensuring it is fully saturated.
3. Heat **oil** up in a sauté pan over a **medium-high** flame.
4. Sauté the **steak**,3 minutes on each side.
5. After flipping the steak to the second side, coat the done side with **sesame seeds**.